



Regarding the current COVID 19 crisis, we, as an institution, have implemented the following sanitation guidelines – for both classroom and clinic - in accordance with CDC regulations.

Classroom Safety and Sanitation

** Please, if you are feeling ill at all, particularly sore throat, difficulty breathing, dry cough - or anything else you feel might be COVID - or you have been around anyone recently that has it, let us know ASAP and do not come in.

Upon arrival at the school:

1. Please wear your mask (correctly)
2. Wash your hands
3. Have your temperature taken (We have a contactless thermometer at the front desk)

Masks must be worn at all times

Tables in the classroom are spaced and students should sit at either end, no more than 2 students to a table.

Wash your hands before and after all hands-on practice.

After class, students should sanitize table, chairs, lotion/oil bottles and any other classroom supplies they used.

- For students who do not yet feel comfortable in the class setting, we will provide a link to follow the live class online, and additional arrangements can be made to work in person in a smaller, safer setting.

Clinic Safety and Sanitation.

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Rooms:

All rooms should already be sanitized by the previous therapists.

** There is a 2 sided tag on the door knob. (Sanitized or Needs to be Cleaned) Please switch this sign to "Needs to be Cleaned" just before you go into the room with your client, and switch it to Sanitized after you have thoroughly cleaned up your room after the appointment.

1. Make sure your hands are clean before setting up your room.
2. Greet your client as usual at the front (both should be wearing masks) and take your client's temperature (if there isn't someone else at the desk to do it) then take your client immediately to the treatment room.

* All discussions on service (client's areas of concern) should be conducted in the room.

3. Once your client is getting ready in the room, wash your hands again thoroughly, up to the elbows.

4. During the session, masks must be worn while your client is face up. Adjustments may be made while the client is face down, but only at your and the client's comfort.

5. After the session, again wash your hands and forearms thoroughly.

6. Wait until you have concluded with your client (rescheduling/payment/farewell) before you clean your room.

7. Ball all linens inside the fitted sheet to keep contamination to a minimum. Suggested to put into a plastic bag.

8. Thoroughly wipe down all surfaces: table, face rest, chairs, side tables, light switches, door knobs and anything else you or your client may have touched. (cleaning supplies will be either in the cabinet by the clinic side bathroom or at the front desk.)

Please also clean your oil/lotion bottle and return it to the classroom.

Once this is complete, you can switch your sign to Sanitized.

If you have time between clients, please take a few minutes to wipe down the clinic side bathroom, including the doorknobs and light switches.